

## SAFEGUARDING & WELFARE REQUIREMENT: HEALTH

### 6.4 Nappy Changing & Toileting



#### Policy Statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. Our staff work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

Prime times of the day make the very best of routine opportunities to promote 'tuning-in' to the child emotionally and to create opportunities for learning. Nappy changing times are key times in the day for being close and promoting security as well as for communication, exploration and learning.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### Procedures

##### *Nappy Changing*

- All our Key Persons have a list of personalised changing times for their Key children who are in nappies or 'pull-ups' and change these according to this schedule, or more frequently where necessary.
- We ensure that all staff (including new employees) show good hygiene practice and we also ensure that all staff are competent and confident in changing nappies.
- We encourage children to wear pull-ups, or other types of trainer pants, as soon as they are comfortable with this and their parents agree.
- Key Persons undertake changing children in their key groups. Another member of staff will change the children if the Key Person is not present.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm and has a safe area to lay children.
- Each child has their own bag to hand with their own nappies or pull-ups and changing wipes.
- Gloves and aprons are put on by staff before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All our staff are familiar with the hygiene procedures and carry these out when changing nappies.

- Key Persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key Persons do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, all Key Persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Nappies and pull-ups are disposed of hygienically. All nappies or pull-ups are bagged and put in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or lightly soiled are bagged for the parent to take home. Heavily soiled items are bagged and disposed of and parents are informed.
- We have a 'duty of care' towards all children's personal needs. If children are left in wet or soiled nappies or pull-ups in the setting this may constitute neglect and will be a disciplinary matter.

### *Toileting*

- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands, and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.

**This policy was adopted at a meeting held by St John's Playtime Pre-school committee on 17<sup>th</sup> June 2009.**

**This policy was reviewed & updated on: May 2024**

**This policy will be reviewed again on: May 2025**

**Signed on behalf of the Management committee and provider:**

**Name of Signatory: Julia Rael**



**Role of Signatory: Committee Chairperson**